



AN AGE-FRIENDLY
COMMUNITY

Guide to Public Transportation



Updated Version Accurate as of December 2017

Introduction

New Jersey, and Montclair in particular, enjoys the benefits of an excellent public transportation system. NJTIP @ Rutgers has developed the [Lifelong Montclair Guide to Public Transportation](#) to help Montclair's senior citizens understand available transportation resources.

Riding the bus and train can be much easier than fighting traffic and searching for a parking space. Public transportation helps people be independent. Transit riders can make travel decisions without having to rely on others. For those who still drive, choosing to occasionally use public transportation can save money, reduce stress, and provide another mobility alternative.

For people who drive we list services to help you do so safely and comfortably. Cars have changed and so have traffic rules and the roads you travel every day. Age-related changes can impact driving as well.

We wish to thank the Township of Montclair, Partners For Health, the Montclair Senior Citizens Advisory Committee, and other local organizations who helped with this Guide.

Information in this guide accurate as of December 2017.



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Accessible Local Bus Service

Many daily NJ TRANSIT bus routes serve Montclair.

- **Bus # 11** travels between Newark & Willowbrook Mall in Wayne via Bloomfield & Pompton Aves.
- **Bus # 28** travels between Newark and Montclair State University (MSU) via Bloomfield Ave, Park St, Watchung Ave & Valley Rd.
- **Bus # 29** travels along Bloomfield Avenue and US 46 through Parsippany, Montville, Fairfield, the Caldwelles, Verona, Montclair, Glen Ridge, Bloomfield & Newark.
- **Bus # 34M** travels between Montclair Center and Newark Penn Station and South St in Newark serving Montclair's South End, Orange & E. Orange.
- **Bus # 97** travels between Montclair Center and the VA Hospital in East Orange along Orange & Harrison Roads passing through West Orange and Orange along the way.
- **Bus # 705** travels between Willowbrook Mall and Passaic. The 705 serves the area near MSU.

All NJ TRANSIT buses are accessible:

- Buses “kneel” to lower the height of the first step.
- Buses have lifts for any riders who cannot use steps.
- Riders must ask operator for lift and kneeling.
- Buses have audio and visual alerts for routes, destinations, upcoming stops.
- There is priority seating for seniors and people with disabilities in front by the door and bus operator.

See transit map in this guide on page 13/14.

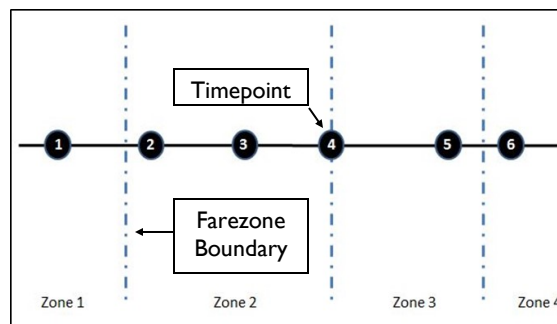
Fare Zones on NJ TRANSIT Buses

What are “Fare Zones”?

Your bus fare is determined by zones, which are based on the distances travelled. Zones are shown on the bus schedules with a special line and notation so you know your fare in advance. You may also call 973-275-5555 to confirm bus fares and other travel information. Bus operators will tell you your cash fare when boarding. Transfers can be purchased when travelling from one NJ TRANSIT bus to another.

See page 9 for information on reduced fare for seniors.

The fare zone diagram below shows round dots with numbers called “timepoints” or selected stops along the bus route. When planning a trip you always are in at least one zone. Once you cross a fare zone boundary (a dash/dot line) you pay fare for another zone. Fares and transfers are paid at the beginning of each bus ride.



The bus operator does not carry cash and cannot make change.

Rail Service in Montclair

Within Montclair there are six train stations that serve different parts of town. Nearby, just north of Montclair, in the Little Falls section of Montclair State University, there is an additional train station. All stations that serve Montclair run along the NJ TRANSIT Montclair Boonton rail line with service into Hoboken and New York. Of all seven stations serving Montclair only Bay Street has service on weekends. Time to and from New York's Penn Station is about 45 minutes. Tickets can be obtained at Ticket Vending Machines at each station or riders age 62 and older may pay on the vehicle with no surcharge.

Accessible Features of NJ Transit Rail System

- Elevators
- Ramps
- Mini high level platforms
- Portable lifts
- Bridge plates
- Detectable warning edges on platforms
- Priority seating near doors
- On board station stop announcements

Accessible Stations

- Bay Street
- Montclair Heights
- Montclair State University

Inaccessible Stations

- Walnut Street
- Watchung Ave
- Mountain Ave
- Upper Montclair

NJ TRANSIT trains have accessible doors that are marked with the symbol of accessibility and 78 of the 165 stations are accessible to people with disabilities.

Penn Station New York

Penn Station New York is an underground station located between Seventh & Eighth Avenues and 31st and 34th Streets in Midtown Manhattan.

Penn Station New York is a major hub and transfer point along the Northeast Corridor, a major Amtrak line serving cities and towns between Washington, D.C. and Boston. The Acela Express serves the Northeast Corridor with high speed express service. Several other longer distance Amtrak lines provide more limited service from the station.

Penn Station New York is a terminal for many NJ TRANSIT Rail Lines. Stations along the Montclair-Boonton Line in Montclair benefit from Midtown Direct service into Penn Station (although some trains end in Hoboken). Limited weekend service to Hoboken is provided from Bay Street only, all other rail stations in Montclair have no service on weekends.

Direct connections are available to the New York City Subway along the Seventh and Eighth Ave Lines and many MTA Buses at street level. Direct connections are also available to most Long Island Railroad Lines.

BoltBus and Megabus provide low cost intercity service to many destinations throughout the northeast and adjacent regions. These buses board on the streets surrounding Penn Station New York.

For more information go to **amtrak.com**,
boltbus.com, **megabus.com** or **njtransit.com**

Interstate Bus Routes to New York

DeCamp Bus Lines

Two DeCamp bus routes operate in Montclair with service to Port Authority Bus Terminal in New York. Travel time from Montclair to New York City is about one hour. Buses run once an hour outside of rush hours. Individuals over age 62 with ID or Reduced Fare Card are eligible for Reduced Fare. **Fares can be paid to the bus operator in NJ. Tickets must be purchased before boarding in New York City.**

****For Reduced Fare on DeCamp buses, passengers must have blue NJ TRANSIT Reduced Fare Coupons****

For DeCamp's 33 and 66 bus routes to New York use departure gates 16 and 20 at Port Authority. Please note that departure gates are subject to change and refer to schedules for route variations.

The DeCamp # 33 bus goes along Bloomfield Ave, with some buses going onto Grove St.

The DeCamp # 66 bus goes along Harrison Ave, Orange Rd, Park St, Valley Rd, and Mt. Hebron Rd.

For complete information go to decamp.com

NJ TRANSIT Interstate Buses Near Montclair

NJ TRANSIT provides express services to NYC along Rts 46 and 3 from Willowbrook Mall (Wayne) Park & Ride, Montclair State University and Allwood (Clifton) Park & Ride.

Port Authority Bus Terminal (New York)

Port Authority Bus Terminal (PABT) is an endpoint and major hub for interstate and commuter transportation to and from New York City. The station is operated by the Port Authority of New York and New Jersey PANYNJ. It consists of two buildings between 40th and 42nd Streets between 8th and 9th Avenues in Manhattan.

NJ TRANSIT serves the PABT with many bus routes, some of them travel close to or through parts of Montclair. DeCamp bus lines has service on routes that travel from Montclair to PABT.

NJ TRANSIT has a customer service office and multiple ticket vending machines. DeCamp has a ticket & customer service window.

PABT also offers access to some of the longest interstate bus routes in the country. These routes serve cities as far away as Chicago, Miami & Denver.

There are 223 departure gates in the PABT. Only a few are accessible to people with disabilities. If the bus lift is needed, an individual must alert the bus driver, contact NJ TRANSIT or dial 54 on in-station phones.

Connections are also available to NYC Subway on the 7th & 8th Avenue lines, and to MTA Bus Routes.

For more information go to panynj.org
or call 212-502-2200 or 212-564-8484

NJ TRANSIT Reduced Fare Program

Individuals age 62 or over, as well as people with disabilities, can save at least 50% on NJ TRANSIT train, light rail, and buses, and on certain other public transportation bus systems, including DeCamp Bus Lines, which provides bus service on routes #33 and #66 between Montclair and New York City.

Each time you board a NJ TRANSIT line show the bus operator or train conductor an ID that is proof of your age (i.e. driver's license) and ask for "the reduced fare."

In order to receive the reduced fare when purchasing tickets to ride DeCamp Bus Lines to and from NYC, one must use one blue reduced fare coupon for each ticket purchased. These coupons are used to track the subsidy provided by NJ TRANSIT to other carriers. Coupon booklets, which contain 50 coupons each, are issued by NJ TRANSIT and are available without cost.

The Montclair Health Department, Town Clerk's Office, and local banks have Reduced Fare Coupons. Banks include Chase Bank, PNC Bank and Investors Bank branches. Call ahead to confirm. Coupon books are also available at the Port Authority Bus Terminal.

You may apply for a Reduced Fare ID Card and obtain coupon booklets by calling the NJ TRANSIT Reduced Fare Office at 973-491-7112.

NJ TRANSIT & DeCamp Fares

NJ TRANSIT Local Bus Fares			
	1 Zone	2 Zone	Transfer
Full Fare	\$1.60	\$2.55	\$0.75
Reduced	\$0.75	\$1.10	\$0.35

NJ TRANSIT Rail Fares to New York		
	MSU, Montclair Heights, Mountain Ave	Upper Montclair, Watchung Ave, Walnut St, Bay St
Full Fare	\$7.75	\$7.25
Reduced	\$3.55	\$3.25

Please note NJ TRANSIT fares are accurate as of December, 2017.

DeCamp Bus Fares to New York		
	Upper Montclair	Montclair
Full Fare	\$7.65	\$7.90
Reduced	\$3.80	\$3.95

Where to buy DeCamp tickets:

Port Authority Bus Terminal, ticket windows 24 to 28
(operated by Academy Bus Tours)

In Montclair & Upper Montclair

DeCamp Garage, 101 Greenwood Ave 973-783-7500

Grove Convenience, 133 Grove Street 973-783-3768

Keil's Pharmacy, 732 Valley Road 973-744-2113

News Plus, 603 Valley Road 973-509-0250

Making Connections in Newark

Newark Penn Station is a major transportation hub and transfer point in downtown Newark. Newark Penn Station is served by three NJ TRANSIT Rail Lines including the Northeast Corridor, North Jersey Coast Line and the Raritan Valley Line. Connection to these lines from Montclair is only available via transfer. Amtrak rail service, Greyhound bus, NJ TRANSIT and other bus lines also provide intercity and interstate service from Newark Penn Station.

Port Authority Trans Hudson (PATH) trains also provide subway service to destinations in Hudson County, NJ and into the World Trade Center Station and by transfer to stations along the 33rd Street line. NYC's MetroCard may be used to ride PATH Trains.

Local bus service is provided by NJ TRANSIT and Coach USA along many bus lines at the station and a few blocks away at Broad St. and Market St. in Newark.

NJ Transit's Newark Light Rail provides service between Penn Station and Broad Street Station, and on a separate line travelling through downtown Newark, terminating in Bloomfield at Grove Street Station.

Broad Street Station in Newark is served by the Montclair-Boonton & Morris Essex Rail Lines, the Newark Light Rail and multiple bus lines, including some that serve Montclair. Transfers are available for Hoboken, Midtown Manhattan and Secaucus Junction.

Transportation to Newark Airport

Newark Liberty International Airport is New Jersey's premier air travel connection.

The least expensive way to get to Newark Airport in the region is the GO28 bus. The full trip between Bloomfield Rail Station and Newark Airport takes between 40-50 minutes. The GO28 bus provides nearly 24 hour service about once per half hour to specially marked bus stops.

Connections from buses 11, 28 and 29 from Montclair can be made at the GO28 bus stops adjacent to Watsessing Park in Bloomfield and near Bloomfield Rail Station. Always look for blue GO bus shelters when picking up the GO28 bus. Ask the bus operator on your first bus route (11, 28, 29) for a senior transfer for the GO28 bus to Newark Airport. If you ask for reduced fare it will cost about \$2 for your trip. This will get you back to Montclair for about \$2. Call NJ TRANSIT for the exact fare as this will be needed.

NJ TRANSIT also serves the airport via the Northeast Corridor and the North Jersey Coast Line. Neither runs directly from Montclair but both can be accessed by travelling to Penn Station or Secaucus Junction. The monorail system known as the AirTrain provides service from the train station to the airport's terminals.

For more Newark Airport information go to panynj.org or call toll-free at 888-EWR-INFO (397-4636).

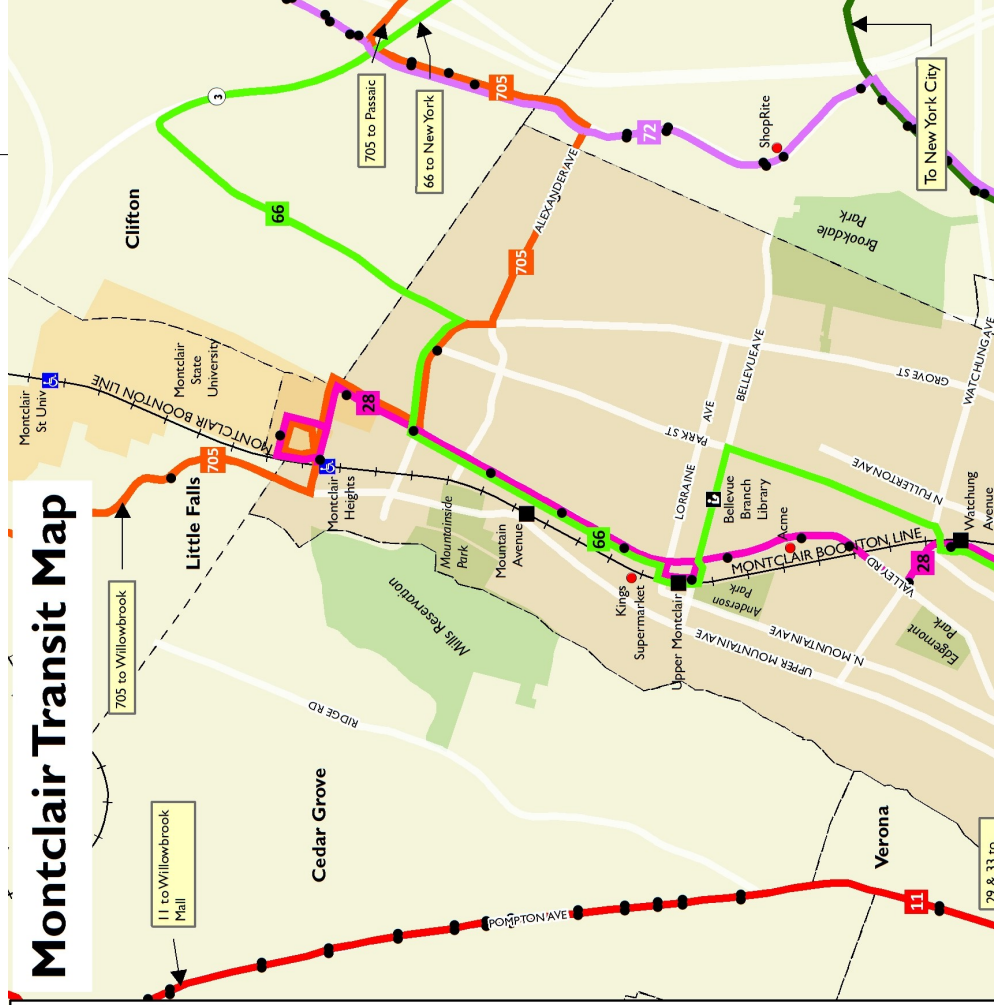


Legend

- Accessible Train Station
- Train Station
- Hospital
- Library
- High School
- Housing
- Municipal Building
- Cultural Destination
- Service Organization
- Supermarket
- Bus Stop
- Train Line
- Montclair
- Parks
- Municipalities

Bus Routes

- 11** Newark-Willowbrook Mall
- 28** Newark-Montclair State University
- 3028** GO BUS Bloomfield-Newark-Newark Airport
- 29** Newark-Caldwell-Parsippany

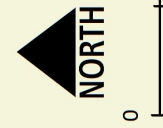


Montclair Transit Map



- 29** Newark-Caldwell-Parsippany
- 33** New York-West Caldwell*
- 34M** Newark Penn Station-Montclair
- 66** New York-West Orange/Roseland*
- 72** Paterson-Bloomfield-Newark
- 97** East Orange-Montclair
- 705** Passaic-Willowbrook Mall

*Operated by DeCamp Bus Lines
 For information on bus times and schedules,
 visit njtransit.com and decamp.com



Montclair Senior Citizens Bus

A free service for Montclair residents 55+ and residents with disabilities.

Make reservation for a pick-up at your doorstep and ride to popular locations in town

Hours Of Operation: Monday- Friday, 8:30 AM to 4:30 PM.

For more information or to reserve a ride, please call EZ Ride at 201-939-4242, ext. 1.

Website: www.montclairnjusa.org

Destinations (Subject to Change)
Acme Supermarket
Bellevue Theater (across the street from the front)
Church Street Stop
CVS Pharmacy & Quest Labs @ Pine Street
Edgemont Park House
Human Needs Food Pantry
Lackawanna Plaza (formerly Pathmark)
Library Stop – Serving these South Fullerton Avenue Services: Toni’s Kitchen, United Way, Montclair Library – Main, Mental Health Association
Montclair Art Museum
Montclair Library – Bellevue
Montclair Municipal Building
Montclair Pools (Summer Only)
Mountainside Hospital
Salvation Army & AIM Senior Hub
US Post Office (Main), LabCorp Laboratories, Crane Park

Destinations Continued
Shoprite (Brookdale) – Mondays, Wednesdays, and Fridays
Wally Choice Community Center
Watchung Plaza @ the Gazebo & NJTransit Watchung Train Station
Whole Foods
YMCA

Montclair Seniors in Taxis

Beginning January, 2018, participating taxi companies will provide seniors 62+ a 50% discount on their fare. This is a pilot program with funding from the Township of Montclair. It is subject to change.

- Travel anytime 24/7
- Door-to-door convenience.
- Taxi sharing permitted.
- Just call – no advanced booking required.
- Use for ANY purpose: medical appointments, grocery shopping, visiting friends and family, shopping.
- Use in bad weather or instead of searching for a parking space.

How to Get the Discount:

- Call one of the participating companies and ask for the senior discount.
- May need to provide proof of age.
- Vouchers no longer required.

Participating Companies:

- Good Taxi: (609) 922-5179
 - Le Rubicon: (201) 463-8344
 - M&M Taxi: (973) 746-7575
-

Access Link

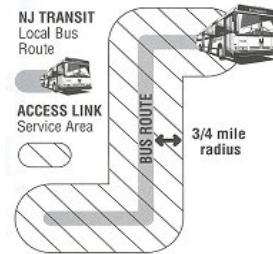
Access Link: ADA Paratransit

Phone: 800-955-2321

NJ TRANSIT operates Access Link for customers with disabilities who cannot use the fixed route NJ TRANSIT bus. Some people with disabilities may be eligible for Access Link. Access Link operates on the same days and hours as the fixed route NJ TRANSIT bus and shadows the local bus routes. Fares are similar to full fares on NJ TRANSIT local buses and use zones.

Access Link has special features:

- Small buses and cars provide “curb-to-curb” service.
- Trips must be reserved by the rider or other designee at least 24 hours in advance.
- Access Link can be used for any type of trip including but not limited to: medical, social, shopping, etc.



The Access Link Assessment Process

- Potential riders must have an in-person transportation assessment interview.
- Call Access Link to arrange an assessment interview at a local assessment agency.
- A certification specialist will explain the assessment process over the phone.
- You may bring an advocate to help you.
- If you need transportation to the interview, Access Link will pick you up for a round-trip fare.

Essex County Special Transportation

Essex County Special Transportation

Phone: 973-618-1280

Free transportation to many destinations is available from Essex County Special Transportation.

- New riders must provide personal information by telephone prior to scheduling a ride.
 - Individuals may apply if they are over 60 years of age or have a disability.
 - Service is provided to medical, shopping, programs and other destinations within Essex County.
 - Trip reservations must be made at least 2 days or up to 14 days in advance.
 - Riders are asked to be ready 15 minutes before the pickup & drop-off times.
 - This is a busy service, so passengers may have to be flexible about pick-up days and times.
 - Call **973-618-1280 between 9:00 AM and 4:00 PM, Monday-Friday** to reserve a trip.
 - Call for information about monthly scheduled trips to other destinations.
-

Other Transportation Services

EZ Ride's Ryde4Life

Phone: 201-939-4242, ext. 4

Email: Ryde4Life@ezride.org

Website: ezride.org

Ryde4Life is a local program that facilitates Uber and Lyft rides for individuals 60+. No smart phone is required.

- Available Monday - Friday, 8 AM - 5 PM.
- Membership is \$15 per year.
- Ride charges will be per Lyft or Uber rates applicable at the time any ride is provided.
- Some fees may apply. Call for more information.

GoGo Grandparent

Phone: 855-464-6872

Website: www.gogograndparent.com

GoGo Grandparent is a national program that facilitates Uber and Lyft rides.

- 24/7 service & support.
 - Text alerts for families.
 - Fees apply. Call for more information.
-

Other Transportation Services

Metro Transport

Phone: 973-325-1359

Operates: Monday - Friday 9 AM - 3 PM

Make reservations 3 days in advance.

- The charge is \$2.50 per town entered, free service may be provided for low income individuals.
- Return trips should be requested before 3 PM.
- Serves Essex and parts of Union & Morris Counties.
- Vehicles are wheelchair accessible.
- Trips to medical destinations & select agencies.
- Call to register for the program and emergency contacts before your first trip.
- Ask about group & charter trips.

Montclair Rehabilitation Organization

Phone: 201-396-8025

- Montclair Rehabilitation Organization (MRO) is a private, not-for-profit corporation.
 - The mission of MRO is to transport clients to medical appointments and therapy. MRO serves clients in Montclair and towns that border Montclair.
 - A minimum donation of \$15 per one-way trip is required, many clients offer additional support.
 - Call 201-396-8025 to arrange for transportation.
 - Service is available Monday - Friday 8 AM to 5 PM except on major holidays.
-

Transit Information & Planning

NJ TRANSIT's "Information Center" Hotline

Phone: 973-275-5555 Website: njtransit.com

Customer Service operators can assist in trip planning, accessibility questions, lost & found, and filing complaints and commendations. Automated service is available 24/7 and operators are available Monday to Friday from 8:30 AM to 5:00 PM.

NJ TRANSIT has several Trip Planning tools that are designed for cell phone use, which are helpful when the customer is already out and about or when something unexpected happens during a trip. These tools include "mybus", NJ TRANSIT App and Google Maps Mobile. The Montclair Township Clerk's office, local rail stations and major bus terminals carry NJ TRANSIT schedules which are also available on njtransit.com

EZRIDE Transportation Management Assoc.

Phone: 201-939-4242 Website: ezride.org

EZ Ride is the Transportation Management Association (TMA) that covers Montclair. TMAs are non-profit private/public partnerships that promote commuting alternatives such as public transit, community shuttles, carpools/vanpools, walking and biking programs. All New Jersey counties are covered by a TMA.

NJ Find A Ride - njfindaride.org

NJ Find A Ride is an online directory of public and accessible transportation options. The website offers a searchable database which can be used to research and plan trips between locations.

Transit Tips

- Plan your trip in advance using a trip planner at njtransit.com or googlemaps.com/transit
 - Plan your trip with NJ TRANSIT Customer Service by calling **973-275-5555**.
 - You can look at schedules online at njtransit.com
 - Keep copies of the schedules for the lines you use. You can order schedules from NJ TRANSIT Customer Service.
 - Bring exact fare and extra change with you.
 - Also bring any medications you may need during a trip, your ID Card, the address of your destination, and emergency phone numbers.
 - Always get to the bus stop early. It is better to be 15 minutes early than 15 seconds late!
 - Sit near the bus operator, to communicate, see the road ahead and hear any announcements.
 - Keep aisles clear of bags or packages.
 - Tell a friend or family member where you are going and when you plan to return.
 - Never plan to take the last bus home.
-

Walking Safely

- Stop walking and scan the intersection at stop signs.
- Look for crosswalks to cross safely.
- Before crossing, always stop to scan the intersection.
- Cross when cars are a safe distance away or stopped for you.
- Pay attention when crossing driveways and walking through parking lots.
- If you observe an unsafe sidewalk, call Montclair's Code Enforcement at 973-509-5703.

Traffic Signals

Red: Stop, do not cross

Yellow: Use caution, do not begin to cross

Green: Look for cars until OK to cross

Pedestrian Walk Signal

White Walk Signal: Look for oncoming cars

Red Flashing Signal: Do not begin to cross

Red Solid Signal: Do not cross



Driving Safely

These programs help older adults drive safer longer.

AARP Driver Safety Program

Driver safety courses teach you:

- Current rules of the road.
- Defensive driving techniques.
- Managing personal changes.

For more information go to **aarp.com**

CarFit®

Created by the American Society on Aging and developed in collaboration with AAA, AARP and AOTA.

The program is designed to help older drivers:

- Find out how well they fit their personal vehicle.
- Highlight possible improvements to fit.
- Promote conversations about safety & mobility.

For more info on driving safer longer refer to AAA's senior driving website: **SeniorDriving.AAA.com**

The site is broken down into topics such as:

- Evaluating your driving ability.
- Understanding mind & body changes.
- Improving your driving skills.
- Maintaining mobility & independence.

Kessler Institute for Rehabilitation is a local provider of driver rehabilitation services.

Phone: 973-731-3900

Drivers with special medical considerations may benefit from working with a driver rehabilitation specialist.

Contact Information

NJ TRANSIT

Customer Service: 973-275-5555
Reduced Fare: 973-491-7112
Access Link: 800-955-2321
Website: njtransit.com

DeCamp Bus Lines

Phone: 973-783-7500
Website: decamp.com

Montclair Senior Bus: 201-939-4242, ext. 1

Port Authority Bus Terminal: 212-435-7000

Newark Airport: 973-961-6000

Essex City Special Transportation: 973-395-8375

Montclair Rehab Org: 201-396- 8025

Metro Transport: 973-325-1359

EZ RIDE TMA: 201-939-4242

EZ Ryde4Life: 201-939-4242, ext. 4

Kessler Institute for Rehab: 973-731-3600

AAA NJ Automobile Club: 800-222-4357

Resources

NJTIP @ Rutgers

Expanding Mobility for People with Disabilities and Seniors

NJTIP @ Rutgers prepared this guide and (*insert organization name here*) provided the current update.

NJTIP @ Rutgers is a program that teaches people how to use public transportation, by offering:

One-on-One Travel Instruction

Each individual is paired with a travel instructor and the instructor teaches travel skills by riding the bus or train with them until they are ready for independent travel.

Small Group/In-School Travel Instruction

Groups and schools interested in the program should contact us to schedule trips or classes.

Connect to Transit Seminars

NJTIP Travel Instructors teach professionals and volunteers from social service agencies, schools and senior residences how to become informed advocates for public transportation, so they can better assist their clients, students and residents with navigating the public transportation network.

Questions? Please contact us at **848-932-4499**
Email: njtip_info@njtip.rutgers.edu



Guide to Public Transportation

Original design and format developed by NJTIP @ Rutgers with funding from the Partners for Health Foundation, October 2015. The current version was updated December 2017 by the Montclair Department of Health and Human Services.

Lifelong Montclair is designed to help Montclair's older adults age in place and live as independently as possible. Learning to use public transportation to reach a variety of life sustaining and life enriching destinations can be an integral part of this process.

For the most up-to-date information,
visit <http://directory.lifelongmontclair.org/>

